

How to Dispose of Household Garbage without Spreading COVID-19 and Other Diseases

In many places in Japan, houses are frequently situated close to each other, so particular attention must be paid to taking out the garbage properly, including from the perspective of living on good terms with neighbors. You have probably learned from people at your workplace or supervising organization the rules for taking out the garbage at your apartment or dorm, but please take this occasion to review the main rules, as they are also important to preventing the spread of COVID-19.

— Five main rules for disposing of household garbage —

Rule 1 Tie the garbage bag tightly!



Rule 2 Let the air out of the garbage bag!

The bag may rip inside the collection truck.



Rule 3 Drain the water from kitchen waste!



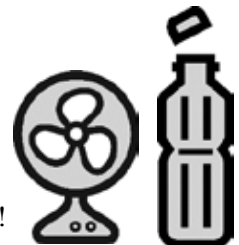
Rule 4 Reduce household garbage!

Reduce as much food waste (loss) as possible, for example.

Rule 5 Sort garbage according to local city rules!

Some rules may have changed. Also, do not place garbage out on the street.

Remove the cap and label from plastic bottles!



How to dispose of masks and tissue paper used by someone who has or may have COVID-19

① Line the garbage bin with a garbage bag, and make sure it does not become full!



② Let the air out of the garbage bag and tie the bag tightly! If any garbage adheres to the outside of the bag or if the bag rips, double the bag.



③ Wash your hands with soap after taking out the garbage!



Thank you for your cooperation in protecting the people around you and the people whose jobs involve handling garbage.

※The above has been prepared based on information on the website of the Ministry of the Environment (https://www.env.go.jp/recycle/waste/sp_contr/infection/leaflet6.pdf).

Announcing the Winners of the 29th Japanese Essay Contest

We wish to thank all technical intern trainees and trainees who participated in JITCO's 29th Japanese Essay Contest. From among a total of 2,600 entries, 27 winners were selected through a strict screening process (4 First Prize winners, 4 Second Prize winners, and 19 Third Prize winners.)

🔗 <https://www.jitco.or.jp/ja/service/competition.html>

◇ First Prize (4 winners)

Congratulations to all winners

Name	Title of essay	Nationality	Name	Title of essay	Nationality
TANTI SOPIAH NURCAHYATI	素敵なプレゼント	Indonesia	TRAN THI AI LY	これまでの私、そして、これからの私	Vietnam
NGUYEN THI HOAI THU	私の菜園	Vietnam	MAY ME ME LIN PAING	いま、伝えたいこと	Myanmar

◇ Second Prize (4 winners)

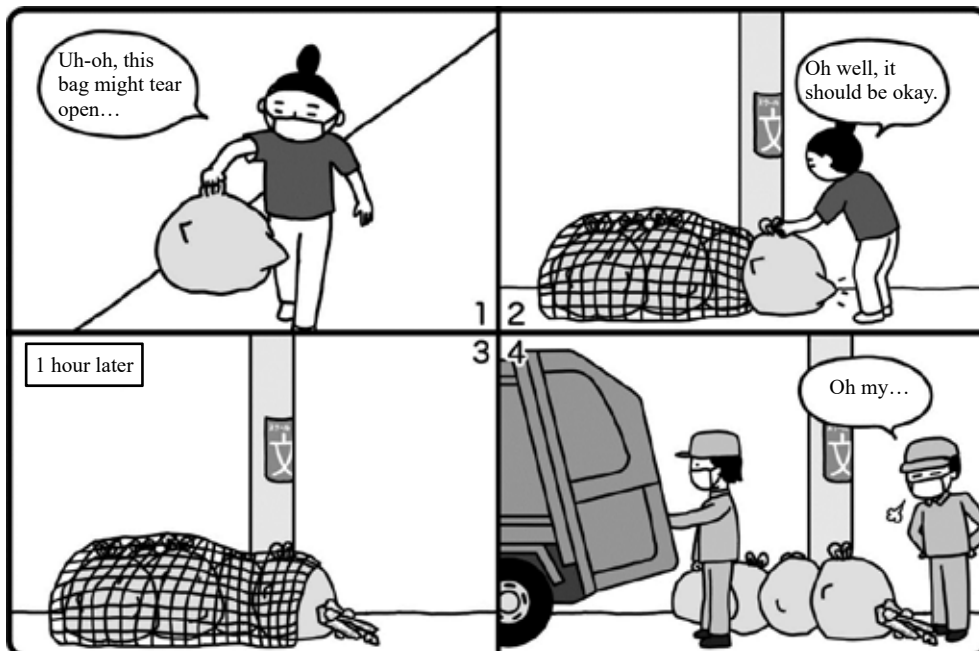
PAN YUTONG	2つの教え	China	LE THI NGOC DIEM	夢の中のレストラン	Vietnam
SANJANA	太陽が守ってくれるから	India	RISMA TIKASMAWATI	神様が与えてくれた試練	Indonesia

◇ Third Prize (19 winners)

XIONG DAN	今日も私は女優です	China	ENKHTUYA ZOLZAYA	一人一冊＝図書館	Mongolia
CONG SHIBIN	「山川異域、風月同日」	China	VICENTE NOEL GAMO	大好きな国	Philippines
DINH NGOC ANH	特別な出会い	Vietnam	TRAN THI PHUONG	私の心に響いた言葉	Vietnam
MERINA MARSELLA	私の経験で一番の思い出	Indonesia	HILADO MARJORIE MALAPITAN	待ち遠しい日	Philippines
NGUYEN CONG BANG	幸せのサクラ色	Vietnam	QUIROS ERIC LALATA	真心と思いやり	Philippines
LI JIUHUAN	笑顔の力	China	DELA CRUZ CHEYSSERNES AGBULOS	大好きなおばあちゃん	Philippines
LIU HAN	私の事を覚えてくれないおばあさん	China	SUN MIAO	席の譲り方の違い	China
TRAN THI MY LINH	望みを捨てないで	Vietnam	NGUYEN THI DIEM	偏見を変える努力の力	Vietnam
IRWAN ARI WIDIYANTO	性格	Indonesia	WUTT YEE ZONE	気になる日本の言葉	Myanmar
XU XIA	甘い勇気と苦い勇気	China			

Let's Learn about Japanese Feelings through Manga

— A torn bag results in torn manners —



Ms. Marui has ended up causing trouble to the garbage collectors

You may have been bewildered by garbage disposal rules in Japan, or may have even found them troublesome or novel. In any case, you have probably gained a new awareness in many ways when comparing them with the rules in your country. A sense of appreciation for people who collect garbage is especially important today, amid the COVID-19 pandemic. Ms. Marui, please be more careful next time.

